



OCCUPATIONAL THERAPY WEEK 2019

4-10 NOVEMBER

We're celebrating the small changes occupational therapists make that have a big impact on people's lives.

Here's my *Small Change, Big Impact* story:

What was the **challenge?**

To provide a solution to allow "Clare" a teenage girl with a long term neurological condition to use her wash dry toilet independently. Since the installation of the wash dry toilet she has been unable to use the toilet effectively. The new equipment needed to suit the environment, her postural requirements and meet Clare's expectation of how the equipment should look.

What was the **change?**

Clare was assessed in the Raz AT as an alternative shower chair, the frame gave an additional 50mm of movement over the toilet to position her over the aperture. The pelvic positioning from the seat allowed her to sit comfortably and safely while using the toilet. Once hoisted onto the Raz shower chair and positioned over the toilet she was no longer reliant on her mother to complete personal hygiene tasks.

What was the **impact?**

By providing a new piece of equipment it suited the layout of the bathroom, toilet aperture alignment, provided the correct postural support to meet her current and potential progressing needs. But the most significant impact from Clare's perspective was enabling her to manage her own toileting needs with out needing her mother present in the bathroom.

Read more stories like mine during
Occupational Therapy Week (4 -10 November) at:
rcot.co.uk/otweek

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