

# CSR NEWSLETTER 'IN THE LOOP'



Welcome to the latest CSR newsletter! In this edition we review a successful 2019 and look forward to our plans for 2020!

## Wellbeing

Last year saw the CSR team take a different approach with less emphasis on fundraising activities and a greater focus on promoting staff wellbeing. All employees of the firm were invited to take part in a survey to find out what more could be done to improve engagement and morale in the workplace. Feedback has led to an Employee Wellbeing Policy being created which can be found on Cascade.



Various new initiatives have been implemented including the additional day of birthday leave for every member of staff and the introduction of 'Wellbeing Walls' at each office. These provide a wealth of information about the ways in which we can all support positive mental health both in ourselves and in others.

Recently we raised awareness of the importance of sharing our feelings by supporting 'Time to Talk' day on Thursday 6 February. We will continue to promote positive mental wellbeing across the firm and plan to hold events to mark World Mental Health Day and International Week of Happiness later this year. Josh Parton will be experiencing the biggest adrenaline rush of his life on Sunday 24 May when he jumps out of a plane from 10,000 feet to raise money for Mind in their annual mental health awareness week. Finally, don't forget the **social walks taking place at lunchtime on the first Thursday of each month!**



## Charity of the Year



As in 2019, this year we will again be raising funds for Whitehead Monckton Charitable Foundation (WMCF). Established by the firm in 2010, WMCF provides funding to a wide range of charities based in or operating mainly within Kent. There are so many great charities that provide invaluable services to the communities within the county and WMCF helps support them through the grants they make.

As Trustees of WMCF, Alex Bak, Janet Goode, Tim Monckton, Kerin Speedie and Garry Warman meet on a quarterly basis to consider applications and in last year alone over £50,000 in grants was awarded to various charities.

In the next issue of the newsletter we hope to share with you examples of the charities that your kind donations for dress down days and sweepstakes have supported.

## Fundraising in 2019



Last year through events including the charity golf day, the Canterbury quiz night, the London wine-tasting evening, the WM lottery, dress down days and sweepstakes, we were able to raise a fantastic £6,441.57 for WMCF and a further £2,964.86 for other charities, including Children in Need and Comic Relief. Here's hoping we can raise even more over the coming months!



## Plans for 2020

Quick glance at upcoming events:

Dress down for Sport Relief – Friday 13 March

End of year drinks – Tuesday 31 March

Grand National sweepstake – week prior to Saturday 4 April

P.S. Keep an eye on your inbox over the coming weeks for the announcement of an exciting event this summer! We are also hopeful that dragon boat racing will return this year and we will be able to improve on our 2018 performance!



Your CSR team is headed up by Katie Broadfield and the current members of the team are Mandy Coltham, Hannah Durston, Jo Forbes, Kayleigh Ireland, Keelie Loftus, Diane Miller, Elyse Palmer, Josh Parton, Tiegan Taylor, Amy Turner-Ives, Callum Wadlan and Garry Warman.

If you have any ideas for fundraising activities or social events then please get in touch!