

# CSR NEWSLETTER 'IN THE LOOP'

Welcome to our latest newsletter keeping you in the loop with CSR matters. This year monies raised are for the Whitehead Monckton Charitable Foundation ('WMCF').

## 2019 Events

So far, we have seen the launch of this year's lottery and a night out took place at Maidstone's Bierkeller last week. If you're feeling lucky, there will soon be an opportunity to join the lottery for the April draw onwards.

The CSR team have decided to take a slightly different approach this year whereby fewer fundraising events will be organised so we are not constantly looking for volunteers. We will be focusing on events which are most likely to be successful in raising funds for WMCF and also have a business development aspect to them, such as the golf day and quizzes. In Docklands, a wine tasting event is being organised and they are also looking to hold a horse racing night and need staff volunteers—please contact Callum for more information.

To tie in with promoting staff wellbeing, we are also aiming to hold more staff social events. We are attempting to plan a trip to the zoo in the Spring so check your inbox for an email from Amy.

## Staff Wellbeing

The CSR team want to do more to promote wellbeing in the workplace. Wellbeing refers to 'feeling good' and 'functioning well'. To this end, a new Employee Wellbeing Policy has been drafted and is in review.

Whilst discussing what resources are already available in this regard, we discovered that many people are unaware that the Whitehead Monckton benefits website offers more than just discounts. Via the website, you can access the completely free of charge 'Employee Assistance Programme' and speak to a qualified counsellor, in strict confidence, to help with life issues including stress, debt and bereavement as well as obtain lots of other information, advice and guidance. You can also access the service by telephone (0808 168 2143). This service is available 24 hours a day, 365 days a year. [www.whitehead-moncktonbenefits.co.uk](http://www.whitehead-moncktonbenefits.co.uk)

You can also telephone the LawCare helpline on 0800 279 6888, which again is free, independent and confidential. [www.lawcare.org.uk](http://www.lawcare.org.uk)

## Dementia Friends

We have recently been awarded 'Working to Become Dementia Friendly' recognition from Kent County Council for the second year running.

As part of our dementia initiatives, the Maidstone office are hosting a public Dementia Friends information session during Dementia Action Week in May. Most of you will be aware, from becoming a Dementia Friend yourself, that the session involves learning a bit more about dementia, how it affects people and the small ways you can help make our society more dementia friendly.

Please spread the word amongst family, friends and business contacts. For more information see our poster [here](#).



If you have any  
ideas for  
fundraising or  
social events  
please do let us  
know!

### Quick Glance Upcoming Events

Comic Relief	15.03
End of Year Drinks	29.03
Grand National Sweepstake	06.04

## The CSR Team

The team is headed up by Katie Broadfield and the current members of the team are Hannah Durston, Garry Warman, Jonathan Miller, Keelie Loftus, Bekka Fuszard, Charlotte Jenner, Mandy Coltham, Josh Parton, Callum Wadlan, Amy Turner-Ives, Jo Forbes and Elyse Palmer

